

1 **To appear in PLoS ONE, accepted June 2018**

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3 The psycholinguistic and affective structure of words conveying pain

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## 17 **Abstract**

18           Despite the flourishing research on the relationships between affect and language, the  
19 characteristics of pain-related words, a specific type of negative words, have never been  
20 systematically investigated from a psycholinguistic and emotional perspective, despite their  
21 psychological relevance. This study offers psycholinguistic, affective, and pain-related norms  
22 for words expressing physical and social pain. This may provide a useful tool for the  
23 selection of stimulus materials in future studies on negative emotions and/or pain. We  
24 explored the relationships between psycholinguistic, affective, and pain-related properties of  
25 512 Italian words (nouns, adjectives, and verbs) conveying physical and social pain by asking  
26 1020 Italian participants to provide ratings of Familiarity, Age of Acquisition, Imageability,  
27 Concreteness, Context Availability, Valence, Arousal, Pain-Relatedness, Intensity, and  
28 Unpleasantness. We also collected data concerning Length, Written Frequency (Subtlex-IT),  
29 N-Size, Orthographic Levenshtein Distance 20, Neighbor Mean Frequency, and Neighbor  
30 Maximum Frequency of each word. Interestingly, the words expressing social pain were  
31 rated as more negative, arousing, pain-related, and conveying more intense and unpleasant  
32 experiences than the words conveying physical pain.

33

## 34 **Introduction**

35           May words be painful? Undoubtedly yes and in several respects, as literary sources,  
36 personal experience, and a handful of recent behavioral and brain-imaging studies have  
37 shown (e.g., [1-3]). Words represent the main tool for describing the physical and social  
38 experience of pain (e.g., [4-5]) and can be metaphorically extended to characterize social  
39 phenomena, as exemplified by the title of a recent article in *Science*: “Growing pains for  
40 global monitoring of societal events” [6].

41           Notwithstanding the pervasiveness and relevance of the words used to convey pain at  
42 different levels (henceforth pain words), the psycholinguistic and affective characteristics of  
43 this important part of the lexico-semantic domain of negative words have never been  
44 specifically tested. Norms about affectively-laden words already exist for a variety of  
45 languages, including Italian (e.g., [7-8]), but due to the general aim of these datasets they  
46 contain only a limited number of pain words (we return on this point below). This study was  
47 devised to bridge this gap creating a normed corpus of Italian pain-related words (Words of  
48 Pain database, henceforth WOP). WOP may at the same time contribute to the literature on  
49 the characteristics of affectively-laden words and provide a tool for experimental studies of  
50 pain.

51           Language is more than a mere medium when it comes to share our pain experiences.  
52 In fact, it has been shown that processing pain-related words is associated with enhanced  
53 activation of part of the neural circuitry underlying physical pain experiences [1,2,9,10].  
54 Medical studies also have observed that the presentation of pain words can modulate the  
55 perception of noxious stimuli, especially in chronic pain patients [3]. The mechanisms  
56 underlying these important effects of pain words are still under investigation. It has been  
57 suggested that the comprehension of pain words may occur via an embodied simulation  
58 involving reliving and/or retrieving pain-related information (e.g. [11]), in analogy to what  
59 happens in the empathic response to pain (e.g., [12]). In fact, merely observing, thinking  
60 about, or inferring that someone else is in pain have been shown to trigger the emergence of  
61 physical pain [13], a phenomenon known as *synesthesia* for pain [14-16]. A wealth of studies  
62 on empathy for pain has led to suggest the existence of common neural substrates that map  
63 the perception of pain in oneself and in the others (for an overview, see [13]).

## 64   **Describing pain in medical settings**

65           We use linguistic stimuli to convey our own experience of pain since early childhood  
66 [17]. From a medical viewpoint, assessing the sensory, affective, and cognitive impact of the  
67 pain experience to the sufferers still represents a challenge [18,19]. “Pain is defined and  
68 ultimately evaluated by subjective report. Much can be inferred from objective measures of  
69 anatomy, physiology, and behavior, but verbal report remains the standard by which all other  
70 measures are compared” ([19], p.1309). In fact, medical doctors typically categorize the pain  
71 of sufferers primarily “translating” their pain reports into a finite set of descriptors that are  
72 thought to “capture and categorize facets of the pain experience as evidenced in the  
73 endorsement and ranking of pain descriptors” ([19], p. 1387). These descriptors are contained  
74 in pain questionnaires devised to assess different types of pain. For instance, in one of the  
75 sections of the *McGill Pain Questionnaire* (MPQ, [20]; for an overview see [18,19]), the pain  
76 sufferer is asked to indicate what his/her present pain feels like choosing among 78  
77 descriptors (e.g., *fearful*, *itching*, *hot-burning*). According to Melzack (1975), these pain  
78 descriptors reflect three distinct components of pain that be divided in “sensory descriptors”  
79 that convey the sensory qualities of pain (e.g., *burning*), “affective descriptors” that convey  
80 the emotional components of pain (e.g., *punishing*), and “evaluative descriptors” that provide  
81 a global evaluation of the pain experience (e.g., *unbearable*). However, since the MPQ was  
82 primarily designed by clinical doctors (as all the other pain questionnaires), the verbal items  
83 were not controlled for any of the psycholinguistic and emotional variables that are known to  
84 modulate the cognitive demands of their processing.

## 85 **Pain words and the affective lexicon**

86           Pain words are part of the general domain of affectively-laden words. Consensus  
87 exists about the fact that the affective space is best characterized by a two-dimensional  
88 structure formed by two orthogonal dimensions that together account for most of the  
89 variation in how affective stimuli are evaluated [21-23]. Valence ranges from positive to

90 neutral to negative and is thought to reflect the general motivational significance of a  
91 stimulus. Arousal ranges from low to high and is thought to reflect the degree to which a  
92 stimulus prepares a person for action or captures and focus attention [21,24]. Most current  
93 models of affective word processing assume that valence and arousal are orthogonal variables  
94 ([25,26]; for an overview of consistent and inconsistent results, see [27-29]).

95 In general, affectively-laden words (and sentences) are processed faster and more  
96 efficiently, elicit larger electrophysiological responses since very early processing stages and  
97 activate affect-related brain regions (e.g., medial PFC, ACC, insula, and amygdala) more  
98 strongly than affectively-neutral linguistic stimuli (for overviews, see [30-32]). That affective  
99 connotations facilitate processing may reflect the grounding of these word meanings in  
100 bodily emotional experiences [33,34].

101 A wealth of studies has shown that negatively valenced information is associated with  
102 more complex mental representations that require a more demanding cognitive processing  
103 than positively valenced information (*Negativity bias*, [35,36]). Unpleasant events or stimuli,  
104 compared to matched pleasant ones, evoke larger emotional responses, longer duration  
105 responses with a broader impact on the cognitive system. According to the *Automatic*  
106 *Vigilance Hypothesis*, humans preferentially attend to negative stimuli and this attention to  
107 negative Valence diverts processing resources away from other stimulus properties, leading  
108 to longer response times [37-42]. Indeed, negative words typically elicit slower color naming  
109 [43], lexical decisions ([39-44] but see [45] for the mitigating role of arousal), and word  
110 naming [46] than neutral and/or positive words. This would reflect the fact that survival  
111 primarily depends on our ability to withdrawing from negative events and scenario [47].  
112 Since the withdrawal-aversive system has a processing priority over the approach-appetitive  
113 system [48], negative stimuli recruit more attentional resources than positive stimuli. This  
114 hypothesis has been supported by word studies using different tasks [46,49-51]. However,

115 recent experiments have questioned this negative emotion processing advantage showing that  
116 once the non-emotional characteristics of words (e.g., length, frequency, and orthographic  
117 neighborhood) were considered, and neutral control words were used as well, much of the  
118 processing difference between negative and positive words disappeared ([44] but see [52]). In  
119 some cases, the asymmetry was even reversed with a processing advantage for both positive  
120 and negative words over neutral words [29,47,53]. Then, in an ERP study, Hofmann et al.  
121 [45], showed that lexical decision responses were speeded at a similar extent for positive and  
122 high-arousal negative words suggesting that the level of arousal differently interacts with  
123 positive and negative valences in early lexical processing.

## 124 **Physical pain and social pain**

125 According to the International Association for the Study of Pain (IASP), physical pain  
126 is defined as the unpleasant sensory and emotional experience associated with actual or  
127 potential tissue damage or described in terms of such damage. Physical pain is often  
128 associated with a noxious physical stimulus. However, painful experiences are triggered not  
129 only by noxious stimuli but also by events, feelings, and thoughts that usually lead  
130 individuals to experience a form of pain that recently has been defined as social pain [5,54]  
131 (although it incorporates also aspects of a more general feeling of pain not necessarily  
132 associated to social events). Social pain is thought to derive from social exclusion, rejection,  
133 loss and grief (e.g., [55,56]) and generally is described as intense as actual, physical pain  
134 [57].

135 Across languages we extend the use of physical pain words to describe experiences of  
136 social pain (e.g., *broken heart*, *soul scar*) (e.g., [5,58]). This use can be epitomized by the  
137 words of Hillary Clinton in her first speech after 2016 US election defeat, “This is very  
138 painful and will be for a long time” [59]. There is now growing consensus that the use of  
139 physical pain words to describe social pain is more than just a convenient metaphor. In fact,

140 several brain-imaging studies have shown that the painful feelings following social pain rely  
141 on some of the same neural regions sub serving physical pain processing (e.g., [54,55], but  
142 see [60,61]). Notwithstanding the fact that social pain is mostly expressed using physical pain  
143 words, the stimuli of many behavioral and brain-imaging studies on social pain were not  
144 words but rather other type of visual stimuli (e.g., pictures, the Cyberball paradigm; for  
145 overviews see [60,61]).

## 146 **Why creating word corpora?**

147 Many studies investigating human cognition use tasks that require verbal stimuli as  
148 experimental material because words can be tightly controlled for their attributes [62].  
149 Therefore, using stimuli controlled for the psycholinguistic and affective variables that are  
150 known to affect the time it takes to encode a word has become crucial. This has led to the  
151 growth of large-scale studies in different languages aimed at creating databases providing  
152 normative information about the most important variables affecting lexico-semantic  
153 processing (e.g., *English Lexicon Project*, [63]; *French Lexicon Project*, [64]; *Dutch Lexicon*  
154 *Project*, [65]). Typically, these normative data are obtained from rating and/or reaction times  
155 studies in which participants evaluate these variables and/or perform word recognition tasks.  
156 These large-scale studies produce databases offering psycholinguistic, affective, and  
157 behavioral measures rated by large numbers of participants (e.g., [66-69]). Other databases  
158 provide normative data about specific set of words or specific psycholinguistic, semantic,  
159 and/or affective characteristics of the stimuli (e.g., affective words [70,71,7,8]; nouns [72];  
160 monosyllabic words [73]; idiomatic expressions [74]; semantic categories [75,76]). Italian  
161 databases providing psycholinguistic, semantic, and/or general affective normative about sets  
162 of Italian words are available as well (e.g., [7,8,76-84]). However, none of them is  
163 specifically focused on pain words, nor they include a number of pain-related items to make  
164 them suitable for pain experiments.

165 For many years, research on emotion has predominantly used the *Affective Norms for*  
 166 *English Words (ANEW, [85])*. ANEW provides a set of normative data about the valence,  
 167 arousal, and dominance of 1,034 American English words. Language-specific adaptations of  
 168 the ANEW are now available for many languages including Italian [7,8], Brazilian  
 169 Portuguese [86], Chinese [87], Dutch [70,71,88], European Portuguese [89], Finnish [90],  
 170 French [91], and Spanish [92]. Other datasets on affective words have been proposed (e.g.,  
 171 [69,93-95]), some of which also provide ratings of lexico-semantic variables and/or lexical  
 172 decision times for larger set of stimuli (e.g., [96]). Concerning Italian, Montefinese et al. [7]  
 173 and Fairfield et al. [8] collected ratings for psycholinguistic and affective variables of 1,121  
 174 Italian words (extending the original ANEW) respectively from younger and older adults.  
 175 Due to the general aims of these databases, only a few of the words we use to convey pain  
 176 were included. For instance, the 1121 words tested in Montefinese et al [7] only included 76  
 177 of the pain words of WOP. More importantly, WOP differs from these databases in that it  
 178 offers not only the psycholinguistic and affective characteristics of 512 words, but also  
 179 ratings related to pain-related variables (see below) relevant to the research on pain.

## 180 **The present study**

181 In this study, we selected 512 Italian pain words including (1) nouns referring to  
 182 objects, conditions, events, and feeling that may cause physical pain (e.g., *ago, needle;*  
 183 *malattia, illness*) or social pain (e.g., *abbandono, abandon; lutto, grief*); (2) adjectives that  
 184 describe physical or social pain (e.g., *atroce, dreadful*), painful objects (e.g., *appuntito,*  
 185 *pointed*), and painful events and moods (e.g., *deprimente, depressing; inconsolabile,*  
 186 *inconsolable*) and adjectives that convey sensory as well as emotional aspects of pain (e.g.,  
 187 *addominale, abdominal; diffuso, radiating* as well as *costrittivo, constrictive; fastidioso,*  
 188 *uncomfortable*); (3) verbs referring to pain, painful objects, and actions that may be painful or  
 189 cause pain (e.g., *bruciare, to burn; sbattere, to stab*). For each of these words, we collected



190 ratings concerning psycholinguistic (Familiarity, Age of Acquisition, Imageability,  
191 Concreteness, Context Availability) and affective properties (Valence, Arousal). We also  
192 tested how much each of these 512 words is associated to pain (Pain-relatedness) and how  
193 intense and unpleasant is the pain experience conveyed by their meaning (Pain Intensity and  
194 Pain Unpleasantness, respectively). According to the experimental literature on pain,  
195 Intensity taps on the sensory-discriminative dimension of pain (i.e., the physical  
196 characteristics of the noxious stimulus, namely how intense is the pain) and Unpleasantness  
197 taps on the affective-motivational dimensions of pain (i.e., its emotional characteristics,  
198 namely how much disturbing is the pain) [97]. In addition, we collected data concerning the  
199 Length, Written Frequency, N-Size, Orthographic Levenshtein Distance 20, Neighbor Mean  
200 Frequency, and Neighbor Maximum Frequency of each word.

201         We also analyzed the three word classes (i.e., nouns, adjectives and verbs) separately  
202 since there is evidence that word class affects the timing and characteristics of affective word  
203 processing (e.g., [32,98-100]. This could reflect the fact that, as Palazova et al. [100] pointed  
204 out, adjectives that typically describe characteristics, states, and traits may have a more direct  
205 link with emotions than verbs, that typically describe actions or events, and then nouns, that  
206 denote more or less concrete objects. Finally, we analyzed the psycholinguistic, affective and  
207 pain-related differences between physical and social pain words.

208

## 209 **Materials and methods**

### 210 **Participants**

211         1020 undergraduates, PhD students, postdocs, and senior researchers (276 male and  
212 744 female; age range: 18-40, mean age: 24.2 years, SD = 4.3) of the Universities of Parma,  
213 Modena and Reggio Emilia volunteered to participate in this online study. They were all

214 Italian native speakers. Participants were recruited through an e-mail sent to the specific  
215 mailing lists of these Universities. The study was performed in accordance with the ethical  
216 standards of the 2013 Declaration of Helsinki and was approved by the Departmental Ethics  
217 Committee of the International Advanced Studies Institute, SISSA.

## 218 **Materials**

219 The stimulus set consisted of 512 Italian words associated to pain. To select the  
220 words, we used an extraction procedure typical of the computational linguistic research. This  
221 procedure assumes that the lexicon is a metrical space in which words are separated by  
222 distances that depend on the degree of semantic similarity between words measured through  
223 their statistical co-occurrence distribution in texts [101]. We used the word *dolore* (*pain*) as  
224 an anchor point and selected the content words co-occurring with it in a window of 25 words  
225 to the left and 25 words to the right of *dolore* in a corpus of Italian newspapers' texts (*La*  
226 *Repubblica Corpus*, [78]) as well as medical dictionaries, blogs, and pain questionnaires. The  
227 resulting word list was formed by: a) 199 nouns (in their singular form), 46 of which referred  
228 to social pain; b) 218 adjectives (in the singular masculine form), 15 of which referred to  
229 social pain; c) 75 verbs (in the infinite form), nine of which referred to social pain; d) 20  
230 words that may belong to different classes depending on context (e.g., *cieco*, *blind*; *estremo*,  
231 *extreme*, *can either be nouns or adjectives*), one of which referred to social pain (e.g., *intimo*,  
232 *intimate*).

233 Since 48 out of the 512 words could be used to refer to both physical and social pain  
234 (e.g., *aborto*, *abortion*; *commozione*, *sentiment/concussion*), we asked 67 different  
235 participants (24 male and 43 female; age range: 19-40, mean age: 33 years, SD = 5.1) to  
236 decide whether each of these 48 words predominantly referred to physical or social pain. The  
237 percentages of choice are listed in the database. The database resulting from this selection  
238 procedure contains a lower number of words referring to social pain than to physical pain.

239 This may reflect the fact that many of the words referring to physical pain are metaphorically  
240 extended to convey social pain as well.

## 241 **Tested variables**

242 We tested the following variables:

243 (1) *Familiarity*, i.e., the frequency with which a word occurs in everyday life [102].

244 The rating scale went from one (*not at all familiar*) to seven (*extremely*  
245 *familiar*);

246 (2) *Age of Acquisition (AoA)*, i.e., the age at which a word was learnt [103]. The  
247 rating scale went from one (*0-2 years*) to seven (*13 and older*) with intervening  
248 points spanning two years [104]. It has been shown that AoA represents a  
249 reasonable estimate of the actual age at which a word is acquired. In fact, AoA  
250 ratings significantly correlate with more objective measures of word acquisition  
251 age (e.g., [105-108]);

252 (3) *Imageability*, i.e., the ease with which a word gives rise to a mental image  
253 [109,110]. The rating scale went from one (*not at all imaginable*) to seven  
254 (*extremely imaginable*);

255 (4) *Concreteness*, i.e., the degree to which a word refers to a perceptible entity  
256 [111,112]. The rating scale went from one (*not at all concrete*) to seven  
257 (*extremely concrete*);

258 (5) *Context Availability*, i.e., the ease with which a word may call to mind a context  
259 or circumstance [113]. The rating scale went from one (*context not at all*  
260 *available*) to seven (*context extremely available*). Although we may be more  
261 able to call to mind a context for familiar than for unfamiliar words, it has been  
262 shown that Context Availability and Familiarity tap on different aspects of  
263 language processing [114];

- 264 (6) *Valence*, i.e., the degree to which a stimulus is perceived as emotionally  
265 negative or positive [22]. The rating scale went from -3 (*extremely negative*) to  
266 +3 (*extremely positive*) through 0 (*neither negative nor positive*) [70,71] to keep  
267 a more intuitive negative to positive scale [115];
- 268 (7) *Arousal*, i.e., the excitation potential of a stimulus regardless of whether it is  
269 positive or negative [116]. The rating scale went from one (*not at all arousing*)  
270 to seven (*extremely arousing*);
- 271 (8) *Pain-relatedness*, i.e., the extent to which the word was associated to pain. The  
272 rating scale went from one (*not at all associated*) to seven (*extremely*  
273 *associated*);
- 274 (9) *Pain Intensity*, i.e., the intensity of the pain conveyed by the word meaning.  
275 This variable was rated using a Visual Analogue Scales (VAS) [117], in  
276 analogy to the way in which it is measured in the experimental pain literature;  
277 the VAS consisted of a line of 10 cm with extremes labeled as *Not at all intense*  
278 and *Extremely intense*;
- 279 (10) *Pain Unpleasantness*, i.e., the unpleasantness of the pain conveyed by the word  
280 meaning. As per Pain Intensity, this variable was rated using a Visual Analogue  
281 Scales (VAS) [117], in analogy to the way in which it is measured in the  
282 experimental pain literature; the VAS consisted of a line of 10 cm with  
283 extremes labeled as *Not at all unpleasant* and *Extremely unpleasant*.

284 When the meaning of a word was unknown, subjects were instructed to choose the option  
285 "*I don't know this word*".

286 Familiarity was always rated first since past research has shown that having previously  
287 seen a word could affect Familiarity ratings [118]. The variables were presented in the same  
288 order in all the questionnaires.

289 In addition, we collected the following data:

- 290 (11) *Word Length*, measured as number of letters;
- 291 (12) *Word frequency (Zipf)*, according to the *Subtlex-IT corpus* [80], a database of  
292 Italian word frequencies based on 130 million words extracted from film and  
293 television subtitles;
- 294 (13) *Neighborhood Size (Nsize)*, namely, the number of words of the same length  
295 differing from the target word by exactly one letter [119];
- 296 (14) *Orthographic Levenshtein Distance 20 (OLD20)*, namely, the mean edit  
297 distance to the 20 closest neighbors. We collected this measure since Yarkoni et  
298 al. [120] identified it as a better indicator of lexical density than the Nsize;
- 299 (15) *Neighbor Max Frequency*, namely, the frequency of the most frequent  
300 orthographic neighbor, according to the Subtlex-IT corpus [80];
- 301 (16) *Neighbor Mean Frequency*, namely, the mean frequency of the orthographic  
302 neighbors, according to the Subtlex-IT corpus [80].

## 303 Procedure

304 Participants received an e-mail asking whether they were willing to participate in a  
305 web survey. The e-mail also contained instructions on how to access a randomly assigned,  
306 self-paced questionnaire via a web site. The 512 stimuli were randomly distributed over  
307 twenty Google Form questionnaires each composed by 24 to 26 words (Table 1). Each  
308 questionnaire started with an introduction that explained that the aim of the study was to  
309 collect information about the words we use to describe pain in its broadest sense and  
310 specified the time approximately necessary to complete the questionnaire (45 minutes). Then  
311 the questionnaire contained questions concerning demographic information (i.e., gender, age,  
312 mother tongue, and education), and whether the responder suffered or had ever suffered of  
313 any forms of chronic pain or intense and repeated migraines. To reduce unpredictable effects

314 of random word orders, the same word list was repeated for each of the ten variables of  
 315 interest. Written instructions were presented at the beginning of each rating scale. They  
 316 contained a definition of the variable to be rated, an explanation on how to use the Likert (or  
 317 VAS) scale, and two examples of words rated with extreme values. The original Italian  
 318 instructions and their English translation can be found in S1 Text.

319 **Table 1. Descriptive analyses of each questionnaire's sample.**

ID	Number of stimuli	Number of responders	AGE		GENDER	
			M	SD	Percentage of Males	Percentage of Females
1	26	85	24.4	4.2	23.5	76.5
2	26	94	24.5	4.5	31.9	68.1
3	26	65	24.8	5.8	27.7	72.3
4	26	59	24.2	4.3	30.5	69.5
5	26	52	22	2.8	40.4	59.6
6	26	59	23.5	3.1	23.7	64.4
7	26	45	24	4.3	35.6	64.4
8	26	31	23.5	3.5	19.4	80.6
9	25	50	23.3	3.9	34	66
10	26	65	24.8	4.5	38.5	61.5
11	25	34	25.1	5.5	17.6	82.4
12	26	32	24.4	4.4	12.5	87.5
13	24	52	23.7	3.7	26.9	73.1

14	26	36		24.3	5.2		13.9	86.1
15	25	38		24.2	3.7		28.9	71.7
16	25	58		24.5	5		22.4	77.6
17	26	36		25	3.9		30.6	69.4
18	26	45		23.6	4.2		15.6	84.4
19	25	39		24.6	4		23.1	76.9
20	25	45		25.7	5.7		17.8	82.2

320

## 321 **Open access policy**

322 The WOP database, in an Excel format including both raw and standardized data, is  
 323 available on the web at <https://doi.org/10.6084/m9.figshare.6531308>.

324 Statistical analyses were carried out using R 3.4.0 [121] and IBM SPSS Statistics 24.0  
 325 [122].

326

## 327 **Results and discussion**

328 Analyses of the demographic characteristics of participants (Fig 1 and Table 2)  
 329 showed no significant differences in the gender of the responders to the twenty questionnaires  
 330 [F (1,19) = 1.553, p = .061,  $\eta^2$  = .029]. A significant difference instead emerged in the mean  
 331 age of the responders [F (1,19) = 1.858, p = .014,  $\eta^2$  = .034]. Specifically, Tukey's HSD post  
 332 hoc test revealed a significant age difference of the responders to questionnaires 5 and 20 (M  
 333 = 22, SD = 2.8 and M = 25.7, SD = 5.7, respectively).

334 Scores were standardized within subjects using a z-transformation. Because score  
 335 mean and variance changed substantially across participants, and because each participant

336 only received a subset of the stimuli, this metric was necessary for directly comparing the  
337 ratings between subjects.

338 Missing responses/omissions were 1.68% of the dataset. Most of these missing  
339 responses (94.63%) came from participants who reported that they did not know a given  
340 word. Unknown words could be due to the presence of a few stimuli belonging to the medical  
341 jargon (e.g., *urente, burning; cefalico, cephalic*). The mean percentage of response “*I don’t*  
342 *know the word*” was similar across the different variables suggesting that, in general, when  
343 participants did not know a word, they did not rate it further. Occasionally participants were  
344 able to rate only some of the variables (notably Familiarity and AoA) for words they have  
345 heard but whose exact meaning they were not sure about. The overall number of valid data  
346 points after excluding missing responses/omissions was 257,518.

347 Data were cleaned of uninformative/misleading data points in two steps. First, for the  
348 variables rated on 7–point scales, we excluded data points coming from participants who  
349 showed little or no variance in their responses since they had always used only one or two  
350 values of the rating scale. This procedure was applied separately for each variable and led to  
351 the exclusion of 2.58% of the data points (ranging from 0.4% for AoA to 8.8% for  
352 Familiarity). Similarly, we controlled if participants had zero variance in the Intensity and  
353 Unpleasantness ratings, meaning that likely they did not rate the words at all, leaving the  
354 cursor in the starting position. This led to the exclusion of the ratings of two participants for  
355 the Intensity scale (.19% of the available valid data points) and 11 participants for the  
356 Unpleasantness scale (1.09% of the available valid data points).

357 The second step allowed identifying outliers through the procedure illustrated in  
358 Rodriguez and Laio [123]. According to this procedure, participants are modeled as points in  
359 an N–dimensional space, where N equals the number of words that each participant rated.  
360 The ratings for each word define the position of each participant/point in this space, so that



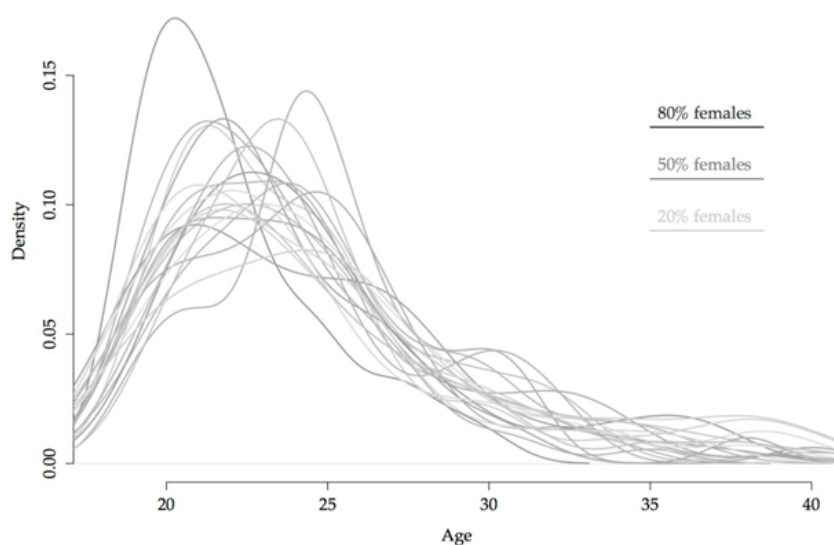
361 participants with similar judgments will be close and participants with different judgments  
 362 will be relatively far apart (see data in S1 Fig). Rodriguez and Laio's procedure was applied  
 363 separately for each questionnaire and variable and led to the further exclusion of 2.72% of the  
 364 remaining data points overall (ranging from .94 % for Context Availability to 3.98% for  
 365 Intensity). The final number of valid data points at this stage was 243,824, evenly distributed  
 366 across the 10 variables of interest (Fig 2). Table 2 provides descriptive statistics of the final  
 367 dataset.

368 We also compared the ratings obtained in the present study with those of the study on  
 369 the affective lexicon of Montefinese et al. [7] for the 76 words and the variables shared by the  
 370 two datasets (i.e., Familiarity, Imageability, Concreteness, Valence, Arousal). All correlations  
 371 were significant (Table 3). This further suggests that our norms can be confidently used for  
 372 word selection in affective word studies.

373

374 **Fig 1. Demographic characteristics of participants.**

375 Age distribution across the 20 questionnaires, each represented by a different line. The grey  
 376 scale for each line represents the gender proportion in the specific sample of participants.



377

378 **Table 2. Descriptive statistics for the variables considered in this study.**

ALL WORDS																	
	N					Mean	SD					Min	Max				
Familiarity	511					5.03	1.03					2.04	6.91				
Age of Acquisition	511					4.66	1.38					1.58	6.96				
Imageability	512					4.86	1.24					1.98	7.00				
Concreteness	512					4.41	1.39					1.63	7.00				
Context Availability	512					4.97	0.90					2.58	6.84				
Valence	510					-1.21	0.96					-2.97	2.52				
Arousal	512					4.28	1.08					1.55	6.63				
Pain-relatedness	512					4.34	1.38					1.16	6.83				
Intensity	512					54.13	20.92					4.11	96.33				
Unpleasantness	512					59.77	20.90					8.76	98.27				
NOUNS																	
	N	Mean	SD	Min	Max	ADJECTIVES					VERBS						
	N	Mean	SD	Min	Max	N	Mean	SD	Min	Max	N	Mean	SD	Min	Max		
Familiarity	199	5.02	0.98	2.05	6.73	217	4.93	1.09	2.04	6.91	75	5.11	0.91	2.64	6.78		
Age of Acquisition	198	4.65	1.38	1.64	6.91	218	4.92	1.30	1.58	6.96	75	4.13	1.46	1.82	6.70		
Imageability	199	5.42	1.01	2.74	7.00	218	4.09	1.06	1.98	7.00	75	5.64	1.10	3.07	6.92		
Concreteness	199	5.19	1.22	1.89	7.00	218	3.49	1.03	1.63	6.41	75	5.11	1.06	2.48	6.80		
Context Availability	199	5.31	0.77	3.11	6.64	218	4.51	0.83	2.58	6.31	75	5.30	0.86	2.61	6.54		
Valence	198	-1.58	0.73	-2.93	0.19	217	-0.85	1.00	-2.93	2.52	75	-1.54	0.89	-2.97	1.05		
Arousal	199	4.41	0.93	1.76	6.63	218	3.98	1.14	1.55	6.35	75	4.94	0.92	2.48	6.56		
Pain-relatedness	199	4.85	1.15	2.03	6.83	218	3.70	1.35	1.16	6.83	75	5.02	1.17	2.40	6.82		
Intensity	199	60.88	17.50	22.27	95.28	218	45.45	20.94	4.11	92.04	75	64.05	18.85	23.21	96.33		
Unpleasantness	199	66.49	16.87	25.13	98.18	218	51.65	21.89	8.76	94.71	75	68.12	18.72	19.23	98.27		
PHYSICAL PAIN WORDS																	
	N	Mean	SD	Min	Max	SOCIAL PAIN WORDS											
	N	Mean	SD	Min	Max	N	Mean	SD	Min	Max	N	Mean	SD	Min	Max		
Familiarity	439	5.03	1.04	2.04	6.91	72	5.00	0.94	2.55	6.52	72	5.00	0.94	2.55	6.52		
Age of Acquisition	439	4.64	1.42	1.58	6.96	72	4.78	1.18	1.73	6.79	72	4.78	1.18	1.73	6.79		
Imageability	440	4.90	1.27	1.98	7.00	72	4.60	0.99	2.74	7.00	72	4.60	0.99	2.74	7.00		
Concreteness	440	4.52	1.42	1.63	7.00	72	3.73	0.91	1.89	6.83	72	3.73	0.91	1.89	6.83		
Context Availability	440	4.96	0.90	2.58	6.84	72	5.02	0.85	2.61	6.44	72	5.02	0.85	2.61	6.44		
Valence	438	-1.09	0.95	-2.97	2.52	72	-1.96	0.61	-2.89	-0.43	72	-1.96	0.61	-2.89	-0.43		
Arousal	440	4.25	1.11	1.55	6.63	72	4.44	0.90	2.65	6.50	72	4.44	0.90	2.65	6.50		

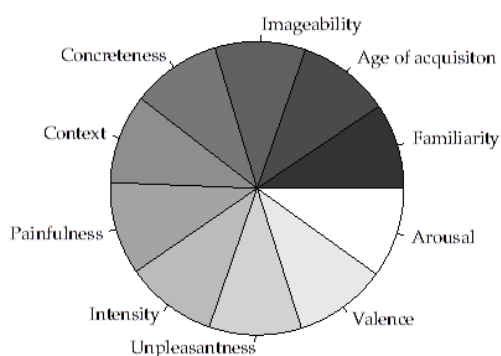
Pain-relatedness	440	4.27	1.41	1.16	6.83		72	4.72	1.15	2.03	6.63
Intensity	440	52.89	21.27	4.11	96.33		72	61.67	16.97	22.27	93.53
Unpleasantness	440	57.75	20.95	8.76	98.27		72	72.12	15.75	25.70	96.12

379 Table 2 contains untransformed values for all the words together, as well as separately for  
 380 each word class, and for physical and social pain.

381

### 382 **Fig 2. Distribution of valid data points.**

383 Distribution of the final number of valid data points (243,824) across the 10 variables of  
 384 interest.



385

### 386 **Table 3. Pearson's correlations.**

		WOP				
		Familiarity	Imageability	Concreteness	Valence	Arousal
Italian ANEW	R	.604**	.711**	.792**	.867**	.524**

387 \*\*p < .01

### 388 **Reliability of the measures**

389 We computed the reliability of the data for each variable by calculating the average  
 390 split-half correlation over 1,000 random replicates, separately for each of the 20  
 391 questionnaires. Overall, the results showed a very strong reliability of the measures (Table 4  
 392 and Fig 3). The mean correlation value of each variable was very high, ranging from a

393 minimum of  $r = .87$  for Context Availability to a maximum of  $r = .98$  for AoA. The mean  
 394 correlation value of all the variables was  $M = .94$  ( $SD = .03$ ) suggesting that the collected  
 395 ratings are highly reliable. Context Availability fared a little worse than the other variables,  
 396 perhaps because it depends heavily on experience that is likely to vary quite substantially across  
 397 participants. Because scores were standardized within participants, they are all reported on the  
 398 same scale (z scores). Most variables had a rather symmetrical distribution, reasonably well  
 399 centered on their mean and median (Fig 4). This was particularly true for Concreteness,  
 400 Valence, Arousal, Pain-relatedness, and Intensity. Familiarity was quite left-skewed instead,  
 401 not surprisingly given that the database includes several stimuli belonging to a medical jargon  
 402 that may be rather unfamiliar to many participants. In addition, we cannot exclude that this  
 403 result may also reflect the tendency to feel more familiar with pro-social and benevolent  
 404 communication (*Linguistic positivity bias*, [7,94,124-126]). Overall, all the variables seemed  
 405 quite well suited to investigate their effects on behavior with enough statistical power across  
 406 their entire distribution.

407 **Table 4: Correlation values for each variable resulting from the average split-half**  
 408 **correlation for each questionnaire.**

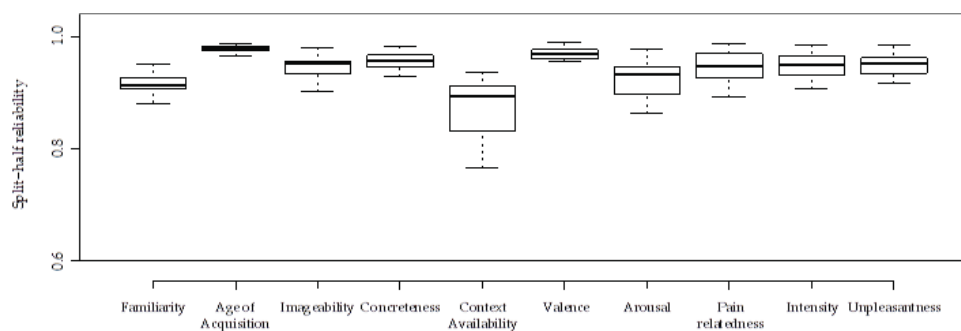
	Familiarity	Age of Acquisition	Imageability	Concreteness	Context Availability	Valence	Arousal	Pain-relatedness	Intensity	Unpleasantness
r	.91**	.98**	.94**	.95**	.87**	.97**	.92**	.95**	.95**	.95**

409 \*\* $p < .01$

410

411 **Fig 3. Measures reliability.**

412 Distribution Boxplots of the overall half-split reliability distributions over 1,000 random  
 413 replicates, run separately for each questionnaire and for each variable.

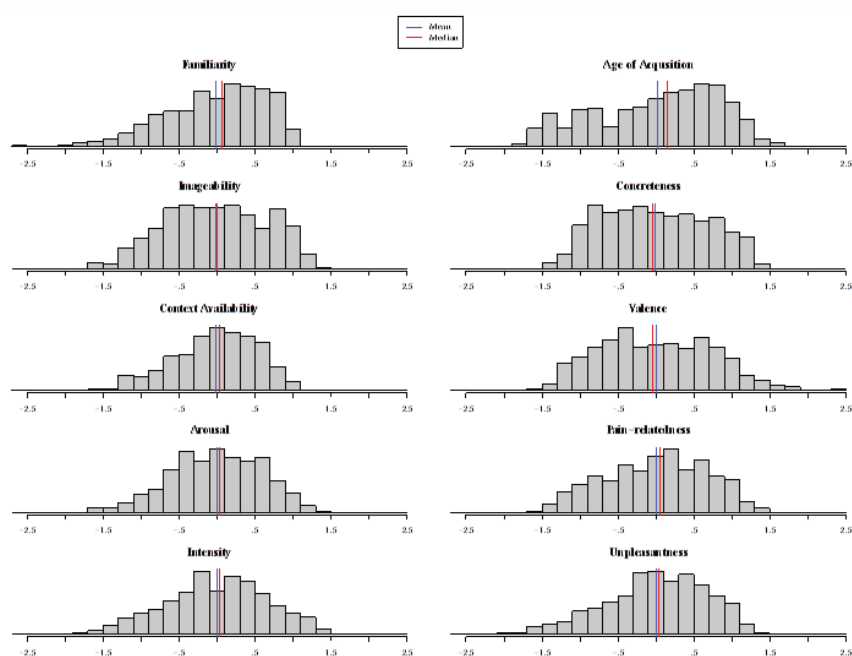


414

415

416 **Fig 4. Variables distribution.**

417 Distribution of the variables in the final dataset.



418

419

420 **Gender differences**

421 We conducted t-tests to compare the scores of male and female participants. As  
 422 shown in Table 5A, we did not find any significant differences suggesting that male and  
 423 female participants rated pain words similarly. That ratings of male and female participants  
 424 did not differ is also confirmed by the significantly high positive correlations of the ratings of

425 female and male participants for all the variables [Familiarity ( $r = .884, p < .001$ ), AoA ( $r =$   
 426  $.963, p < .001$ ), Imageability ( $r = .906, p < .001$ ), Concreteness ( $r = .917, p < .001$ ), Context  
 427 Availability ( $r = .826, p < .001$ ), Valence ( $r = .941, p < .001$ ), Arousal ( $r = .846, p < .001$ ),  
 428 Pain-relatedness ( $r = .904, p < .001$ ), Intensity ( $r = .899, p < .001$ ), Unpleasantness ( $r = .918,$   
 429  $p < .001$ )].

430 It should be noted that also the original ANEW study [85] did not report any  
 431 significant gender difference. In the Italian adaptation of the ANEW instead, Montefinese et  
 432 al. [7] did find a significant gender difference on Arousal ratings, although the ratings were  
 433 highly correlated (note that we did not test Dominance for which Montefinese et al. also  
 434 reported a significant gender difference).

435 To further investigate potential gender differences, we also analyzed separately the  
 436 ratings provided by female and male responders to physical and social pain words (Table 5B  
 437 and Table 5C, respectively). Three significant differences emerged, all concerning social pain  
 438 words. Female participants provided higher ratings of Arousal than male participants (see  
 439 also [7]). In addition, female participants rated social pain words as more associated to pain  
 440 and conveying more intense pain than male responders.

441 **Table 5. Descriptive statistics and t-test concerning the ratings provided by male and**  
 442 **female responders.**

ALL WORDS												
	Males			Females			95% CI for Mean Difference			t	df	p
	M	SD		M	SD		Inf.	Sup.				
Familiarity	4.76	1.19		5.12	1.03		-0.02	0.03		0.26	510	.79
Age of Acquisition	4.68	1.40		4.66	1.40		-0.02	0.02		-0.06	510	.96

Imageability	4.86	1.29		4.86	1.27		-0.03	0.03		-0.01	511	.99
Concreteness	4.28	1.44		4.44	1.42		-0.02	0.03		0.04	511	.97
Context Availability	4.85	1.00		5.00	0.92		-0.03	0.03		0.02	511	.98
Valence	-1.09	0.98		-1.26	0.98		-0.02	0.03		0.22	509	.83
Arousal	4.14	1.14		4.32	1.11		-0.03	0.03		-0.01	511	.99
Pain-relatedness	4.15	1.46		4.41	1.40		-0.03	0.03		-0.04	511	.97
Intensity	51.19	21.46		55.20	21.28		-0.03	0.03		-0.01	511	.99
Unpleasantness	57.41	21.64		60.60	21.11		-0.02	0.02		-0.02	511	.98
PHYSICAL PAIN WORDS												
	Males			Females			95% CI for Mean Difference					
	M	SD		M	SD		Inf.	Sup.		t	df	p
Familiarity	4.78	1.20		5.13	1.04		-0.03	0.03		0.11	438	.91
Age of Acquisition	4.64	1.43		4.65	1.43		-0.02	0.02		0.37	438	.71
Imageability	4.91	1.30		4.90	1.31		-0.03	0.02		-0.24	439	.81
Concreteness	4.40	1.47		4.55	1.45		-0.03	0.02		-0.57	439	.57
Context Availability	4.85	1.01		4.99	0.93		-0.03	0.03		0.06	439	.95
Valence	-0.97	0.97		-1.14	0.97		-0.02	0.03		0.11	437	.91
Arousal	4.14	1.15		4.28	1.14		-0.05	0.01		-1.35	439	.18

Pain-relatedness	4.10	1.49		4.34	1.42		-0.04	0.01		-0.93	439	.35
Intensity	50.32	21.82		53.83	21.60		-0.05	0.01		-1.41	439	.16
Unpleasantness	55.38	21.63		58.55	21.19		-0.03	0.02		-0.38	439	.70
SOCIAL PAIN WORDS												
	Males			Females			95% CI for Mean Difference					
	M	SD		M	SD		Inf.	Sup.		t	df	p
Familiarity	4.66	1.13		5.12	0.94		-0.06	0.10		0.42	71	.68
Age of Acquisition	4.92	1.21		4.76	1.19		-0.08	0.03		-1.00	71	.32
Imageability	4.51	1.14		4.62	0.99		-0.05	0.09		0.58	71	.56
Concreteness	3.57	0.96		3.77	0.97		-0.01	0.12		1.57	71	.12
Context Availability	4.86	0.99		5.05	0.87		-0.07	0.06		-0.10	71	.92
Valence	-1.85	0.61		-2.00	0.63		-0.05	0.07		0.30	71	.77
Arousal	4.12	1.06		4.55	0.90		0.04	0.22		2.75	71	.01
Pain-relatedness	4.47	1.21		4.83	1.17		0.01	0.15		2.17	71	.03
Intensity	56.51	18.37		63.58	17.05		0.04	0.20		3.11	71	.00
Unpleasantness	69.80	17.18		73.16	15.68		-0.03	0.09		0.90	71	.37

443 Table 5 refers to all the words together, as well as to physical pain words and social pain  
444 words alone.

#### 445 **Hierarchical clustering analysis**



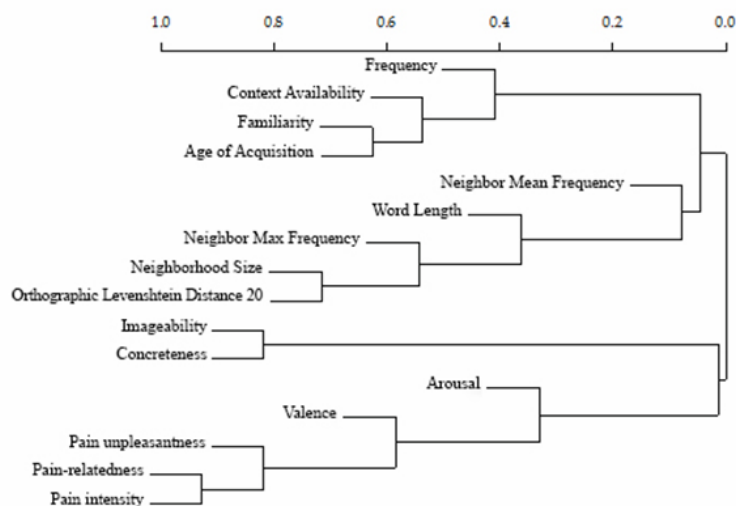
446 We also conducted a Hierarchical Clustering Analysis (HCA; Fig 5; [127]) that is  
447 ideal for exploring the correlational structure of the 16 measures used in this study.  
448 Hierarchical Clustering Analysis (HCA) is the general name of a family of techniques aimed  
449 at unveiling the underlying structure of a multivariate dataset by displaying it in a tree-like  
450 format [127]. HCA has the advantage of bringing out the main clusters in the data more  
451 clearly [128] and is particularly well suited to explore the correlational structure of a large  
452 number of measures. The dendrogram resulting from the HCA (Fig 5) shows that the highest  
453 split separates the lexical variables, the sub-lexical variables, Familiarity, AoA, and Context  
454 Availability on the one hand, from affective and pain-related variables, Imageability and  
455 Concreteness on the other hand. Within the former branch, Familiarity, AoA, and Context  
456 Availability cluster together, presumably because familiar words often are also acquired  
457 earlier and easier to contextualize. Word frequency (Zipf) stands on the top of this cluster.  
458 Another cluster is formed by distributional variables such as Neighbor Mean Frequency,  
459 Word Length, Neighbor Max Frequency, NSize, and OLD20. Interestingly, NSize and  
460 OLD20 are recognized as different metrics for the same construct (which they are indeed;  
461 e.g., [120]). It is not entirely clear what psychological construct this cluster may tap on. One  
462 possibility is that the core of the cluster is represented by Word Length, which strongly  
463 determines the features of a word's lexical neighborhood. Within the second main branch,  
464 there is a cluster containing Imageability and Concreteness ratings, which is separated from  
465 the cluster relative to affective and pain-related variables. Interestingly, the structure of the  
466 affective and pain-related branch of the tree suggests that Pain-relatedness and Intensity are  
467 hardly separable. Differently, Unpleasantness stands alone, emerging as a distinct variable,  
468 albeit strongly correlated with the other two pain-related variables. That Intensity and  
469 Unpleasantness stand separately is consistent with experimental studies on pain showing that  
470 these two variables can be dissociated since they reflect two distinct components of pain (the

471 sensory-discriminative component and the affective-motivational component, respectively)  
 472 [129,130].

473

474 **Fig 5. Hierarchical Clustering Analysis dendrogram.**

475 Dendrogram resulting from the Hierarchical Clustering Analysis of the 16 variables.



476

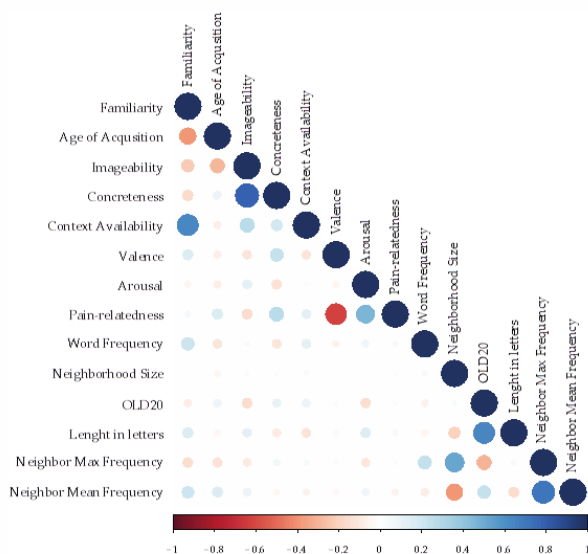
477 **Partial correlation analyses**

478 In what follows, we describe the results of the partial correlations among the variables  
 479 (Fig 6 and Table 6). To avoid the problem of multicollinearity among Pain-relatedness,  
 480 Intensity and Unpleasantness ( $r > .9$ ), in these analyses we only used Pain-relatedness ratings.  
 481 Moreover, given the high number of comparisons carried out (i.e., 91), we used a Bonferroni-  
 482 corrected  $\alpha$  value of  $.05/91 \approx .0006$ . Finally, we present the results of separate one-way  
 483 ANOVAs on the mean ratings of each variable for nouns, adjectives, and verbs and then for  
 484 physical and social pain words.

485

486 **Fig 6. Partial correlations among all the variables.**

487 The dot color indicates the direction of the correlation (blue for direct, red for inverse) and  
 488 the size and transparency its strength.



489

490 **Table 6. Partial correlations among all the variables.**

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
1. Familiarity	-	-.38*	-.22*	-.17*	+.64*	+.16	-.06	+.04	+.23*	-.00	-.09	+.16*	-.15	+.21*
2. Age of Acquisition		-	-.29*	+.10	-.08	-.08	-.08	+.16*	-.12	-.05	+.09	-.05	-.13	+.16
3. Imageability			-	+.78*	+.28*	-.11	+.12	-.15	+.03	-.02	-.15	+.11	-.10	+.10
4. Concreteness				-	+.19*	+.24*	-.14	+.28*	-.12	+.03	+.10	-.10	+.06	-.05
5. Context Availability					-	-.11	-.02	+.12	+.12	-.03	+.10	-.12	+.04	-.06
6. Valence						-	-.06	-.62*	-.06	+.00	+.03	-.03	+.03	-.04
7. Arousal							-	+.46*	+.07	+.00	-.14	+.14	-.10	+.08
8. Pain-relatedness								-	-.04	+.01	+.02	-.03	+.02	-.06
9. Zipf									-	+.04	-.06	-.06	+.24*	-.09
10. N										-	+.03	-.20*	+.52*	-.39*
11. OLD20											-	+.64*	-.29*	+.23*

12. Letters													-	+03	-.16
13. MaxFreqN														-	+.71*
14. MeanFreqN															-

491 Abbreviations refer to the following variables: Subtlex-IT Frequency (Zipf), Neighborhood  
492 Size (N), Orthographic Levenshtein Distance 20 (OLD20), Neighbor max frequency  
493 (MaxFreqN), Neighbor mean frequency (MeanFreqN).

494 \*p < .0006

495

#### 496 **Partial correlations among psycholinguistic variables**

497 Partial correlation analyses (Table 6) revealed that more familiar words are learnt  
498 earlier in life ( $r = -.38$ ) and are more prone to elicit a context ( $r = .64$ ). In fact, Familiarity  
499 inversely correlates with AoA and positively correlates with Context Availability [31,131-  
500 133]. The more familiar pain words are, the less imaginable and concrete are ( $r = -.22$  and  $r =$   
501  $-.17$ , respectively). Admittedly, we do not have an explanation for the significant inverse  
502 correlations between Familiarity and Imageability, and between Familiarity and  
503 Concreteness, which are inconsistent with what is typically reported in the literature on  
504 affective words (e.g., [31,67,132,133]; but see [131]) (we return on this point in the  
505 Conclusions). Further analyses conducted on the three word classes and on physical and  
506 social pain separately are shown in S1 Table and revealed that these two inverse correlations  
507 are statistically significant only for nouns (and not for adjectives and verbs) and specifically  
508 only for physical pain nouns. One possibility is that these inverse correlations reflect the  
509 specific type of affective nouns tested in this study. In fact, the words that we most often use  
510 to convey physical pain include a variety of nouns as, for instance, names of syndrome and

511 illness (e.g., *gastrite*, *gastritis*) and generic terms (e.g., *acciacco*, *infirmity*) that are hardly  
 512 concrete and imageable.

513 Frequency is significantly correlated only with Familiarity [31,131,133] in that the  
 514 more frequent a word is, the more familiar it is rated ( $r = .23$ ), quite unsurprisingly. Words  
 515 learnt earlier in life are also rated as more imaginable ( $r = -.29$ ), in line with the literature  
 516 [31,108,131,133]. Again in line with the literature [113,131,134,135], the more a pain word is  
 517 concrete, the more it is imageable and prone to elicit a context ( $r = .28$  and  $r = .19$ ,  
 518 respectively). Positive correlations between Imageability and Concreteness for affective  
 519 words have been reported in a variety of languages, including English [104,135], Chinese  
 520 [136], European Portuguese [89], French [137], and Spanish [138]. Finally, longer words are  
 521 rated as more familiar and with smaller neighborhoods and higher OLD20 values.

## 522 **Partial correlations between affective and pain-related variables**

523 According to the literature on affective words [7,32,70,71,99,139,140], valence and  
 524 arousal ratings typically exhibit a U-shaped relationship whereby highly valenced words  
 525 (both positive and negative) also have higher arousal ratings than neutral words. The  
 526 bivariate correlation between Valence and Arousal ratings of pain-related words reveals a  
 527 significant linear rather than a quadratic relationship ( $r = -.56$ ). The bivariate correlation  
 528 between Valence and Arousal ratings of pain-related words (Fig 7) reveals a significant linear  
 529 rather than a quadratic relationship ( $r = -.56$ ), possibly representing the negative portion of  
 530 the classic U-shaped relationship.

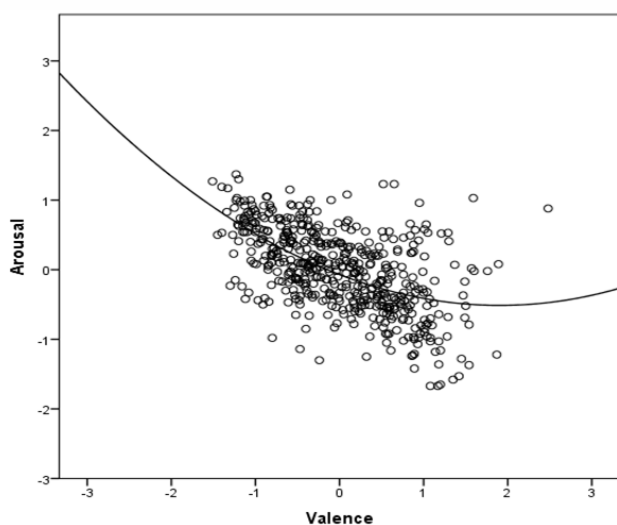
531 This database is about pain words which of course moves the valence distribution  
 532 towards its negative end. However, this correlation is not significant anymore after  
 533 controlling for the effects of psycholinguistic and pain-related variables. Partial correlations,  
 534 instead, reveal that the more a word is associated to pain, the more negative and arousing it  
 535 is. In fact, Pain-relatedness inversely correlates with Valence and positively correlates with

536 Arousal. This is consistent with studies on emotionally-laden words showing that an increase  
 537 in negative valence is often associated to an increase in arousal (e.g., [7,8,69,71,88]).

538

539 **Fig 7. Partial Scatterplot.**

540 Partial Scatterplot of mean values in the Valence and Arousal dimensions, along with the  
 541 quadratic regression line ( $R^2 = .33$ ).



542

543

544 **Partial correlations among psycholinguistic, affective, and pain-**  
 545 **related variables**

546 The more positive a word is, the more concrete it is rated, as shown by a positive  
 547 correlation between Valence and Concreteness. This result is consistent with prior studies  
 548 showing a joint effect of valence and concreteness on word recognition in a variety of tasks  
 549 (for an overview, see [141]). Finally, the more a word is associated to pain, the more it is  
 550 rated as concrete and acquired later in life, as shown by positive correlations between Pain-  
 551 relatedness and AoA, and Pain-relatedness and Concreteness.

552 **Differences among word classes**

553 Our database is composed by 42.6% of adjectives, 38.9% of nouns, 14.6% of verbs  
554 and 3.9% of ambiguous words (i.e., adjectives that can also be used as nouns). Since  
555 grammatical class is known to affect linguistic processing, and specifically that of affective  
556 words [98], we conducted separate by-item one-way ANOVAs on each variable with Word  
557 Class (Adjectives vs. Nouns vs. Verbs) as a between-item factor.

558 The one-way ANOVA on AoA reveals a statistically significant difference among  
559 word classes [ $F(2,488) = 9.564, p < .001, \eta^2 = .038$ ]. Post-hoc comparisons (with the Tukey  
560 HSD test) show that verbs ( $M = 4.13, SD = 1.46$ ) are learnt significantly earlier than both  
561 nouns ( $M = 4.65, SD = 1.38, p = .015$ ) and adjectives ( $M = 4.92, SD = 1.3, p < .001$ ). This is  
562 likely to reflect the specific semantic domain tested in this study. In fact, while many of the  
563 nouns referring to pain concern events or experiences predominantly occurring in adulthood  
564 (e.g., *tremore, tremor; abbandono, neglect*), verbs describe actions that are rather common in  
565 the childhood (e.g., *scivolare, to slip; cadere, to fall; graffiare, to scratch*).

566 One-way ANOVAs show significant word class effects also on Imageability  
567 [ $F(2,489) = 106.105, p < .001, \eta^2 = .303$ ], Concreteness [ $F(2,489) = 138.229, p < .001, \eta^2 =$   
568  $.361$ ], and Context Availability [ $F(2,489) = 54.733, p < .001, \eta^2 = .183$ ]. In fact, adjectives  
569 are rated as significantly less imaginable, concrete and also less prone to elicit a context than  
570 nouns and verbs.

571 One-way ANOVAs on Valence [ $F(2,487) = 39.592, p < .001, \eta^2 = .14$ ] and Arousal  
572 [ $F(2,489) = 29.274, p < .001, \eta^2 = .11$ ] show significant word class effects as well. Adjectives  
573 are rated as more positive and less arousing than nouns and verbs. This may reflect the fact  
574 that a consistent number of our adjectives can be used to modify pain-unrelated nouns as well  
575 (e.g., *grande, big, acuto, acute*). In fact, 78 of the 218 adjectives are rated as weakly or not at  
576 all associated to pain (Pain-relatedness  $< 3$ ). Moreover, verbs are rated as significantly more  
577 arousing than nouns ( $p < .001$ ), reflecting the action-oriented nature of most of our verbs.

578 One-way ANOVAs on Pain-relatedness [ $F(2,489) = 57.79, p < .001, \eta^2 = .191$ ],  
 579 Intensity [ $F(2,489) = 44.354, p < .001, \eta^2 = .154$ ] and Unpleasantness [ $F(2,489) = 36.806, p$   
 580  $< .001, \eta^2 = .131$ ] again reveal significant effects of word class. Unsurprisingly, adjectives  
 581 are judged as significantly less pain-related and conveying a less intense and unpleasant pain  
 582 than nouns and verbs. Again, this may reflect the fact that many of our adjectives have a  
 583 general semantic scope (e.g., *grande, big; immenso, immense*). ANOVA on Familiarity does  
 584 not reveal any significant differences among the three word classes [ $F(2,489) = 1.114, p =$   
 585  $.329, \eta^2 = .005$ ].

586 Partial correlations for nouns, adjectives, and verbs are reported in S1 Table.

## 587 **Differences between words conveying physical and social pain**

588 In order to understand whether the psycholinguistic and affective properties of  
 589 physical and social pain words differ, we conducted by-item one-way ANOVAs on each  
 590 variable with Type of Pain (Physical vs. Social) as a between-item factor.

591 One-way ANOVAs on Concreteness [ $F(1,510) = 21.112, p < .001, \eta^2 = .04$ ], Valence  
 592 [ $F(1,508) = 52.77, p < .001, \eta^2 = .094$ ], Pain-relatedness [ $F(1,510) = 6.352, p = .012, \eta^2 =$   
 593  $.012$ ], Intensity [ $F(1,510) = 10.136, p = .002, \eta^2 = .019$ ], and Unpleasantness [ $F(1,510) =$   
 594  $28.377, p < .001, \eta^2 = .053$ ] yield statistically significant differences. Specifically, the words  
 595 conveying social pain are rated as less concrete, but more negative, than the words conveying  
 596 physical pain. Interestingly, participants rate social pain words as more associated to pain,  
 597 and conveying a more intense and unpleasant pain, than physical pain words.

598 ANOVAs on Familiarity [ $F(1,510) = .001, p = .97, \eta^2 = .000$ ], AoA [ $F(1,510) =$   
 599  $2.720, p = .397, \eta^2 = .001$ ], Imageability [ $F(1,510) = 3.498, p = .062, \eta^2 = .007$ ], Context  
 600 Availability [ $F(1,510) = .436, p = .509, \eta^2 = .001$ ], and Arousal [ $F(1,510) = 2.104, p = .148,$   
 601  $\eta^2 = .004$ ] do not reveal any significant differences between physical and social pain.

602



## 603 **Conclusions**

604           The aim of the present study was twofold. First, we assessed the psycholinguistic,  
605 affective, and pain-related characteristics of Italian words conveying physical and social pain  
606 providing a normed lexicon of pain. Second, we explored the relationships among these  
607 variables unveiling important aspects of the lexico-semantic architecture underlying the  
608 Italian pain lexicon. To these aims, we collected ratings for psycholinguistic, affective and  
609 pain-related variables, as well as distributional data, for 512 words expressing physical and  
610 social pain. These norms respond to the need for normed stimuli to be used in the  
611 experimental research on pain and on negative affect in Italian.

612           We carried out a Hierarchical Clustering Analysis (HCA) to explore the structure  
613 underlying the correlations among the 16 variables measured in this study. Two interesting  
614 results emerge from the HCA. The first is that pain-related variables cluster separately from  
615 all the other variables. The second interesting result concerns the organization of pain-related  
616 variables that shows two different clusters: Unpleasantness, that clusters by itself pointing to  
617 the affective-motivational dimension of pain, and Intensity and Pain-relatedness that cluster  
618 together pointing to the sensory-discriminative dimension of pain.

619           In line with prior studies on the affective lexicon, we found that the pain words  
620 acquired earlier in life are also more familiar and imageable [31,67,131,133,142], and that  
621 more familiar words are also more easily associated to specific contexts. More imaginable  
622 words are also rated as more concrete [113,131,134,135] and more prone to elicit a context.  
623 At variance with the literature [108,131], we found that the more physical pain nouns are  
624 familiar, the less imaginable and concrete they are rated. Admittedly, we do not yet have an  
625 explanation for these results. One possibility is that they may reflect the semantic  
626 heterogeneity of the nouns of this corpus that include medical terms (e.g., *gastrite*, *gastritis*),  
627 illness generic nouns and lay person pain words (e.g., *acciacco*, *infirmity*) not easily

628 classifiable as imageable and/or concrete. In addition, responders may know the names of  
629 painful events, states or illnesses they have never directly experienced hence diminishing  
630 their ability to decide how much they are concrete and to image them. Even the words *pain* or  
631 *disease* refer to generic, intangible, and poorly delineated experiences, not directly  
632 observable [11], that are likely to be considered scarcely concrete and/or imageable.

633 Verbs conveying actions that may cause pain, or represent antecedents of pain  
634 experiences, are judged to have been acquired earlier than adjectives and nouns. This  
635 suggests that the development of a more sophisticated pain-related lexicon emerges as we  
636 grow up. This lexicon is used to convey a broad range of painful experiences, including those  
637 producing social pain. This is confirmed by the positive correlation between Pain-relatedness  
638 and AoA that reveals that the words more associated to pain are also judged to be learnt later  
639 in life.

640 Social pain words are rated as more negative and pain-related than physical pain  
641 words, and as reflecting more intense and unpleasant pain experiences than physical pain  
642 words. This is likely to reflect the relatively young age of our responders for whom social  
643 pain could represent a more salient and frequent experience than physical pain. In fact, 17.8%  
644 of the responders answered that they currently suffer of chronic pain and 5.1% of chronic  
645 pain in the past. These percentages are important but in any case lower than the mean  
646 incidence of chronic pain in the Italian population that concerns the 26% of Italians [143].  
647 However, since the question was phrased rather generically without specifically listing what  
648 could count as “chronic pain”, or the types of experienced chronic pain, we cannot be sure  
649 that indeed it was selected by responders suffering chronic pain as defined in the clinical  
650 literature. In any case, since a qualitative inspection of the results of the two subsets of  
651 participant (i.e., responders with and without actual/past chronic pain) did not suggest any  
652 differences in the distribution of the ratings of the variable tested, they were analyzed all

653 together. However, a possible important effect of age on physical vs. social pain perception  
654 may not represent the whole story. In fact, a wealth of studies about the subjective impact of  
655 social pain has documented that often this is considered as much threatening and important as  
656 physical pain. Notably, nearly three out of four people listed the loss of a close relationship  
657 for death or relationship break-up as the “single most negative emotional event” of their lives  
658 [56,144]. A study administering the same questionnaires to older participants (41-70 years) is  
659 currently in progress to clarify whether the higher negativity and Pain-relatedness of social  
660 pain words indeed depend on the age of responders.

661 One might wonder whether suffering or having suffered of chronic pain may have a general  
662 effect on the ratings provided for physical pain words. Assessing whether participants in the  
663 study have, or have had, painful experiences, either physical or social, would be crucial to  
664 clarify this point. However, as we mentioned, we only asked generically if the responders  
665 suffered or had ever suffered of chronic pain and we did not investigate at all whether  
666 responders suffered or had ever suffered of social pain. Admittedly, this is an important  
667 limitation of this study. In fact, the possibility exists that both forms of pain may affect the  
668 ways in which we linguistically categorize and evaluate pain. We are currently running a  
669 study on cancer patients where we administer them an adapted form of the WOP. This could  
670 clarify whether a condition of severe oncological pain affects the semantic of pain. We expect  
671 that this may be the case since pain is intimately associated with alterations of physiological  
672 and psychological processes of pain perceptions and pain-related behaviors [145,146].

673         The biological gender of participants does not seem to affect the results of our study,  
674 differently from what was found for Italian affectively-laden words by Montefinese et al. [7],  
675 although only for arousal. However, as Montefinese et al. clarified, these gender differences  
676 are moderated by the high correlation between male and female ratings of arousal found in  
677 the study. A growing body of research about the role of gender differences in medical

678 language and communication has reported gender differences in the affective and social  
679 content of symptoms descriptions, willingness to report pain, and words used to describe pain  
680 [147,148]. These differences have been linked to psycho-social gender roles. However, these  
681 gender differences may not necessarily lead to different ratings of the psycholinguistic and  
682 affective variables tested in this study [149]. In addition, we cannot exclude the possibility  
683 that gender differences in pain communication could emerge once pain and illness have been  
684 consistently experienced, usually later in life. However, due to the online recruitment of  
685 responders that reflected the preponderance of female students, we did not have the same  
686 number of male and female participants. Although we cannot exclude that this may have  
687 influenced the lack of significant gender differences, it should be noted that other more  
688 gender-balanced studies on the affective lexicon did not find gender differences either.

689         Pain words belong to the realm of negative words. Interestingly, our results suggest  
690 that not all pain words seem to be negative alike. For instance, the words associated to labor  
691 pain (e.g., *partorire, to give birth; doglia, labor pain*) are rated as extremely intense and  
692 unpleasant but with a predominantly positive Valence. Interestingly, these word ratings are  
693 similar to the ratings of Intensity, Unpleasantness and Valence reported in the literature on  
694 labor pain. In fact, when asked to evaluate their childbirth experience, women rated it as  
695 extremely high in Intensity, but lower in Unpleasantness than other types of pain, and having  
696 a positive Valence [150].

697         Consensus exists that stimuli are automatically evaluated in terms of their affective  
698 valence [151,152] along a negative-to-positive valence gradient [22,116,153,154]. So far,  
699 studies on valenced words have predominantly treated negative words as a unitary category.  
700 However, recently it has been suggested that negative words may not represent a unitary  
701 category but rather they may differ based on their specific semantic content [155,156]. For  
702 instance, a recent brain-imaging meta-analysis has shown that the brain did not treat negative

703 stimuli (be they words or images) as a unified class [157-159]. One can speculate that pain  
704 words may represent a domain with a specific status among negatively valenced words due to  
705 the high relevance of pain experiences in everyday life and for survival. Future studies  
706 devoted to test this aspect are required before one can draw any firm conclusions.

707         WOP provides norms about the specific part of our lexicon in that convey physical  
708 and social pain. We obviously see this as an important strength of this work. However, this  
709 also determined the presence of a few positively valenced words in our database. This  
710 limitation is mitigated by the fact that 78 of the 218 adjectives of WOP can be used to modify  
711 pain-related as well as pain-unrelated nouns (e.g., *immenso*, *immense*, *grande*, *big*, *infinito*,  
712 *infinito*). In fact, 51 out of these 78 adjectives were rated as positive together with the noun  
713 *parto* (*delivery*) and the verb *partorire* (*to deliver*). Nine adjectives were rated as neutral,  
714 together with the verbs *grattare* (*to scratch*) and *stringere* (*to tighten*). The general Valence  
715 distribution of our stimuli is indeed a little skewed towards the negative end (mean = -.9,  
716 median = -1.3), but covers the entire range of possible values (min = -2.97, max = +2.52). A  
717 similar consideration applies to Pain-relatedness that may be expected to peak very narrowly  
718 around high values; but it did not. In fact, Pain-relatedness ranged from 1.16 to 6.83, with a  
719 mean value of 4.34 and median value of 4.43, mostly thanks to adjectives. Therefore,  
720 although the database is obviously tight to the specific investigation of pain words, it does  
721 provide a wider spectrum of stimuli.

722         Finally, we acknowledge that we had a different number of observations per cell for  
723 some stimuli and that this may represent a problem. However, our ratings were provided by  
724 at least 31 responders which represents a reasonable number of observations compared to  
725 other databases (for instance, the Italian version of ANEW provides affective ratings from at  
726 least 31 participants and psycholinguistics ratings from 20 participants).

727           To the best of our knowledge, this is the first descriptive study on the  
728 psycholinguistic, affective, and pain-related characteristics of physical and social pain words.  
729 This normative study provides a useful tool that may enable researchers to use highly  
730 controlled stimuli in experimental studies on physical and social pain as well as on language  
731 and negative affect.

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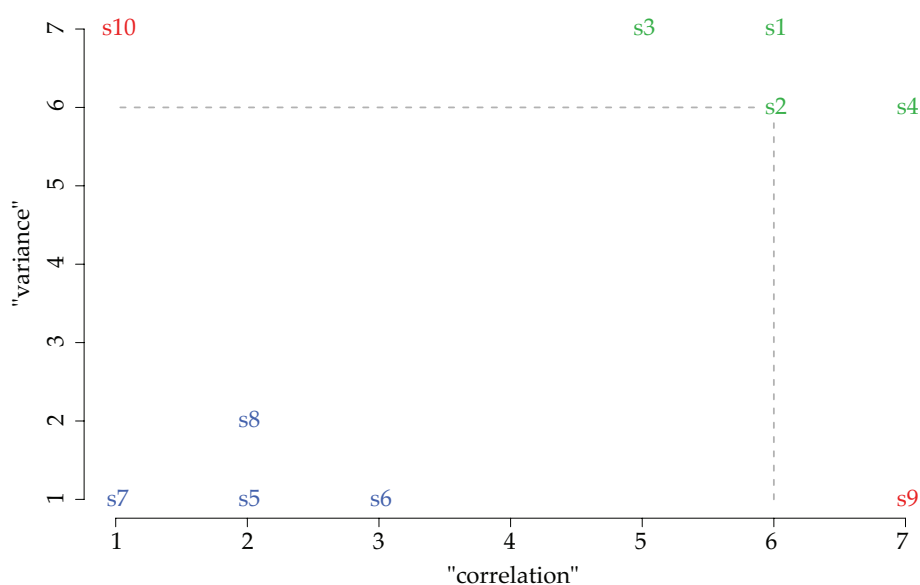
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## 1125 Supporting Information

1126 **S1 Text.** Original, Italian survey instruction are provided together with the English  
1127 translation.

1128 **S1 Fig. Example of the Rodriguez and Laio clustering procedure.** An example of  
1129 the Rodriguez and Laio clustering procedure using Familiarity ratings (on a 7-point scale) for  
1130 the words “correlation” and “variance” given by ten participants (from subject 1 to subject  
1131 10). They are represented as points in a two-dimensional space, and their position is defined  
1132 by their ratings. Subjects 1 to 4 (s1-s4, in green color) gave consistent, high judgments;  
1133 subjects 5 to 8 (s5-s8, in blue color) also gave consistent, low judgments. Conversely,  
1134 subjects 9 and 10 (s9-s10, in red color) provided highly idiosyncratic responses, as indicated  
1135 by their isolated position on the graph.



1136

1137 **S1 Table. Partial correlations among all the variables of interest considering the**  
1138 **three word classes and physical and social pain separately.** Table 1A refers to partial  
1139 correlations for nouns. Table 1B refers to partial correlations for adjectives. Table 1C refers  
1140 to partial correlations for verbs. Table 1D refers to partial correlations for physical pain

1141 words. Table 1E refers to partial correlations for social pain word. Table 1F refers to partial  
 1142 correlations for physical pain nouns. Abbreviations: Subtlex-IT Frequency (Zipf),  
 1143 Neighborhood Size (N), Orthographic Levenshtein Distance 20 (OLD20), Neighbor Max  
 1144 Frequency (MaxFreqN), Neighbor Mean Frequency (MeanFreqN).

Table 1A	Nouns													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
1. Familiarity	-	-.31*	-.3*	-.07	+.71*	-.02	-.09	-.04	+.17	-.03	-.04	+.1	-.09	+.15
2. Age of Acquisition		-	-.32*	+.12	-.08	-.12	-.02	+.09	-.22	-.09	-.05	.11	-.07	+.07
3. Imageability			-	+.78*	+.28*	-.19	+.01	-.18	+.07	-.03	-.21	+.29*	-.03	+.04
4. Concreteness				-	+.09	+.41*	-.06	+.35*	-.2	+.02	+.15	-.26	+.01	+.01
5. Context Availability					-	+.01	+.03	+.14	+.09	+.01	+.07	-.06	+.03	-.09
6. Valence						-	-.04	-.68*	-.06	-.00	-.00	+.02	+.00	-.00
7. Arousal							-	+.39*	+.1	-.02	-.06	+.02	-.04	-.02
8. Pain-relatedness								-	+.06	+.04	+.09	-.02	+.08	+.02
9. Zipf									-	+.01	-.31*	+.02	+.04	-.06
10. N										-	+.00	-.22	+.45*	-.35*
11. OLD20											-	+.65*	-.45*	+.22
12. Letters												-	+.18	-.17
13. MaxFreqN													-	+.72*
14. MeanFreqN														-

1145 \*p < .0006

1146

Table 1B	Adjectives													
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	1	2	3	4	5	6	7	8	9	10	11	12	13	14
1. Familiarity	-	-.33*	-.17	-.2	+.64*	+.16	-.09	+.06	+.26*	+.02	-.17	+.25	-.11	+.18
2. Age of Acquisition		-	-.23	+.06	-.13	+.02	-.13	+.24	-.2	-.03	+.02	-.05	-.2	+.22
3. Imageability			-	+.78*	+.28*	-.12	+.17	-.19	-.19	-.04	+.02	-.11	-.09	+.04
4. Concreteness				-	+.12	+.24	-.17	+.29*	-.08	+.09	-.05	+.1	+.04	+.04
5. Context Availability					-	-.09	-.05	+.18	+.03	+.02	+.09	-.13	-.04	+.08
6. Valence						-	-.06	-.61*	+.01	-.06	-.1	+.1	+.05	-.11
7. Arousal							-	+.46*	+.13	-.05	+.18	-.17	-.11	+.13
8. Pain-relatedness								-	-.03	-.06	-.06	+.04	+.04	-.15
9. Zipf									-	-.04	.00	-.12	+.35*	-.09
10. N										-	+.06	-.17	+.59*	-.51*
11. OLD20											-	+.71*	-.25	+.29*
12. Letters												-	+.01	-.22
13. MaxFreqN													-	+.69*
14. MeanFreqN														-

1147 \*p < 0.0006

1148

	Verbs													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
1. Familiarity	-	-.49*	-.18	-.05	+.44*	+.2	+.1	-.01	+.24	-.3	-.24	-.01	-.16	+.19
2. Age of Acquisition		-	-.22	+.05	-.08	+.15	+.07	+.19	+.0	-.04	-.03	-.11	-.3	+.31
3. Imageability			-	+.83*	+.39	-.17	+.05	-.06	-.14	-.16	-.21	-.00	-.16	+.19
4. Concreteness				-	+.04	+.3	+.11	+.09	+.02	+.00	+.13	+.08	+.15	-.15
5. Context Availability					-	+.03	-.2	+.13	+.25	+.23	+.13	-.08	+.01	-.07

6. Valence	-	-0.05	-0.57*	-0.18	-0.06	-0.16	-0.07	-0.01	-0.19
7. Arousal		-	+0.57*	+0.17	+0.16	+0.17	+0.26	+0.05	+0.03
8. Pain-relatedness			-	-0.08	-0.15	-0.26	-0.22	-0.1	-0.13
9. Zipf				-	-0.13	-0.41	+0.09	-0.01	-0.03
10. N					-	-0.62*	-0.06	+0.47*	-0.48*
11. OLD20						-	+0.22	-0.07	-0.14
12. Letters							-	-0.21	-0.11
13. MaxFreqN								-	+0.79*
14. MeanFreqN									-

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1149 \*p < .0006

1150

Table 1D	Physical pain words													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
1. Familiarity	-	-.37*	-.19*	-.22*	+.64*	+.11	-.1	+.06	+.21*	-.02	-.08	+.15	-.12	+.21*
2. Age of Acquisition		-	-.28*	+.13	-.14	-.01	-.12	-.23*	-.13	-.07	+.08	-.03	-.12	+.16
3. Imageability			-	+.79*	+.23*	-.04	+.17	-.15	-.0	-.06	+.16	+.09	-.11	+.12
4. Concreteness				-	+.25*	+.11	-.21*	+.26*	-.05	+.05	+.12	-.08	+.08	-.07
5. Context Availability					-	-.04	-.01	+.14	+.1	-.02	+.09	-.1	+.03	-.06
6. Valence						-	-.06	-.6*	-.02	+.02	+.01	-.02	+.03	-.07
7. Arousal							-	+.51*	+.11	+.0	-.14	+.17	-.12	+.09
8. Pain-relatedness								-	-.05	+.04	-.01	-.03	+.03	-.07
9. Zipf									-	+.02	-.08	-.02	+.26*	-.07
10. N										-	+.04	-.22*	+.5*	-.37*
11. OLD20											-	+.65*	-.31*	+.26*

12. Letters	-	+05	-.18*
13. MaxFreqN	-		+.7*
14. MeanFreqN			-

1151 \*p < .0006

1152

Table 1E	Social pain words													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
1. Familiarity	-	-.25	-.14	-.04	+.69*	+.12	+.06	-.02	+.34	+.04	-.2	+.21	-.28	+.16
2. Age of Acquisition		-	-.42	+.1	+.13	-.35	+.15	-.23	-.23	+.01	+.07	-.14	-.23	+.18
3. Imageability			-	+.69*	+.29	-.25	+.01	-.21	-.0	-.05	-.07	+.18	-.04	+.03
4. Concreteness				-	+.07	+.35	+.11	+.28	-.07	-.07	-.01	-.1	+.07	-.1
5. Context Availability					-	-.06	+.04	+.07	+.12	-.05	+.18	-.13	+.12	+.04
6. Valence						-	-.2	-.69*	-.26	+.16	+.21	-.3	-.11	+.16
7. Arousal							-	+.14	-.06	+.03	-.16	-.02	-.04	-.03
8. Pain-relatedness								-	-.05	-.04	+.21	-.22	-.04	+.02
9. Zipf									-	+.17	-.0	-.28	-.07	+.08
10. N										-	-.09	+.0	+.57*	-.48*
11. OLD20											-	+.61*	-.22	+.04
12. Letters												-	-.11	+.02
13. MaxFreqN														+.75*
14. MeanFreqN														-

1153 \*p < .0006

1154

Table 1F	Physical pain nouns													
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	1	2	3	4	5	6	7	8	9	10	11	12	13	14
1. Familiarity	-	-.33*	-.27	-.15	+.73*	-.05	-.18	-.02	+.13	-.06	-.0	+.06	-.02	+.17
2. Age of Acquisition		-	-.23	-.04	-.13	-.03	-.18	+.2	-.23	-.08	-.03	+.12	-.02	+.05
3. Imageability			-	+.75*	+.26	-.16	+.13	-.26	+.06	+.01	-.21	+.28	-.02	+.04
4. Concreteness				-	+.14	+.25	-.3	+.37*	-.14	-.05	+.16	-.26	+.02	+.04
5. Context Availability					-	+.1	+.04	+.18	+.05	+.04	+.03	-.01	+.0	-.12
6. Valence						-	+.01	-.69*	+.03	+.01	-.02	+.02	+.05	+.0
7. Arousal							-	+.47*	+.05	-.03	-.05	+.04	-.03	+.01
8. Pain-relatedness								-	+.08	+.06	+.02	+.01	+.05	+.03
9. Zipf									-	-.04	-.31*	+.05	+.03	-.04
10. N										-	+.06	-.3	+.47*	-.37*
11. OLD20											-	+.69*	-.51*	+.27
12. Letters												-	+.26	-.22
13. MaxFreqN													-	+.71*
14. MeanFreqN														-